



JUNE 5
2025



**MUNICIPALITIES,
RCMS AND MI'GMAQ
BAND COUNCILS**

Activity guide for elected officials and managers of municipalities and RCMs, for Mi'gmaq band councils and for organizations representing the English-speaking community

Time to celebrate Gaspesian Day!



**SPECIAL
COLLABORATION**

**DRAWING OF
THE 7 SACRED
TEACHINGS**

1. Wear something blue

- Invite young people and residents to wear something blue (clothing or accessory) or something featuring the region.

2. For your personnel

- Take the "Gaspésie: Did You Know?" quiz with your work team: [HERE](#)
- Have fun with the coloring book of the 7 Sacred Mi'gmaq Teachings: [HERE](#)
- Print one or more color-by-number drawings and discover the 7 Sacred Teachings of the Mi'gmaq Nation.
- Organize a health break, go for a walk, and enjoy the fresh air together.
- Host a breakfast, picnic, or a friendly meal.
- Introduce your favorite Gaspesian artists.
- Move to the rhythm of Gaspesian music with our playlist: [HERE](#)
- Any other festive idea.

3. For your citizens

- Publish a message on your Facebook page (Vivre en Gaspésie can provide you with a standard message).
- If you have a digital billboard, announce the Gaspésie Day.
- Discover the 7 Sacred Teachings coloring book of the Mi'gmaq Nation : [HERE](#)

4. Share your photos and be part of the big blue wave

- Take pictures of your team and your activities.
- Share your photo on social media.
- Don't forget to tag [@livinggaspesie](#) and identify your organization.