



JUNE 2025 **5**



CITIZEN

For those who wish to celebrate Gaspesian Day with us

Time to celebrate Gaspesian Day!

1. Wear something blue

- Invite young people and residents to wear something blue (clothing or accessory) or something featuring the region.

2. Having fun while making our region proud

- Move to the rhythm of Gaspesian music with our playlist: [HERE](#)
- Have kids? Enjoy the coloring book of the 7 Sacred Mi'gmaq Teachings: [HERE](#)
- Print one or more color-by-number drawings: [HERE](#)
- Discover the 7 Sacred Teachings of the Mi'gmaq Nation.
- Take the "Gaspésie: Did You Know?" quiz on your own or with others: [HERE](#)
- Make a recipe or a dessert with blue icing... why not!
- Set up a photo booth with blue accessories.
- Decorate your home.
- Or come up with your own original idea. Surprise us!

3. Share your photos and be part of the big blue wave

- Take a photo dressed in blue and capture your blue activity.
- Share your photo on social media.
- Don't forget to tag [@livinggaspesie](#)



**[GASPESIAN
PLAYLIST :
HERE](#)**

For more information :
vivreengaspesie.com

Living
In Gaspésie